

AN ABBREVIATED
DAILY OFFICE

IN THE MORNING	3
AT THE MIDDLE OF THE DAY	13
IN THE EVENING	24
AT BEDTIME	35

PRAYER BEFORE BEGINNING

Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hid.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name,
through Jesus Christ our Lord. **Amen.**

ACCLAMATION AFTER ENDING

We proclaim the mystery of our faith.

Christ has died.

Christ is risen.

Christ will come again.

IN THE MORNING

OPENING SENTENCE

But I am like a green olive tree

In the house of God.

I trust in the mercy of God

forever and ever.

PSALM 52:8

CONFESSION TO GOD

Let us humbly confess our sins to almighty God.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you

with our whole heart;

we have not loved our neighbors

as ourselves.

We are truly sorry and

we humbly repent.

**For the sake of your Son
our Lord Jesus Christ,
have mercy upon us,
forgive us our sins,
and by the power of your Holy Spirit
raise us up to serve you
in newness of life,
to the glory of your Name. Amen.**

ABSOLUTION

Grant to your faithful people,
merciful Lord,
pardon and peace.

That we may be cleansed from all our sins,
and serve you with a quiet mind.

Through Jesus Christ our Lord. **Amen.**

THE PSALM

130

Out of the deep have I called unto you,
O Lord;

Lord, hear my voice.

O let your ears consider well
the voice of my supplications.

If you, Lord, were to mark what is done amiss,
O Lord, who could abide it?

For there is mercy with you;
therefore you shall be feared.

I wait for the Lord;
my soul waits for him;
in his word is my trust.

My soul waits for the Lord,
more than watchmen for the morning,
more than watchmen for the morning.

O Israel, trust in the Lord,
for with the Lord there is mercy,
and with him is plenteous redemption;
And he shall redeem Israel from all their sins.

**Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end. Amen.**

THE LESSONS *choose one or more*

1

For what we proclaim is not ourselves,
but Jesus Christ as Lord,
with ourselves as your servants for Jesus' sake.
For God, who said,
“Let light shine out of darkness,”
has shone in our hearts
to give the light of the knowledge
of the glory of God
in the face of Jesus Christ.

2 CORINTHIANS 4:5-6

2

Blessed be the God and Father
of our Lord Jesus Christ.

According to his great mercy,
he has caused us to be born again
to a living hope
through the resurrection of Jesus Christ
from the dead. 1 PETER 1:3

3

Give thanks to the Father,
who has qualified you to share
in the inheritance of the saints in light.
He has delivered us
from the domain of darkness
and transferred us
to the kingdom of his beloved Son,
in whom we have redemption,
the forgiveness of sins. COLOSSIANS 1:12-14

4

If then you have been raised with Christ,
seek the things that are above,
where Christ is,
seated at the right hand of God.
Set your minds on things that are above,
not on things that are on earth.
For you have died,
and your life is hidden with Christ in God.
When Christ who is your life appears,
then you also will appear with him in glory.

COLLOSSIANS 3:1-4

The Word of the Lord

Thanks be to God

THE CANCTICLE

A SONG TO THE LAMB

Splendor and honor and kingly power
are yours by right, O Lord our God,

For you created everything that is,
**and by your will they were created
and have their being;**

And yours by right, Lamb that was slain,
for with your blood you have redeemed for God,
from every family, language, people, and nation,
a kingdom of priests to serve our God.

And so, to him who sits upon the throne,
and to Christ the Lamb,

be worship and praise, dominion and splendor,
for ever and for evermore. Amen.REVELATION 4:11, 5:9-10, 13

THE APOSTLES' CREED

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.**

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

**He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

Lord Jesus Christ,
Son of the living God,
have Mercy on me,
a sinner.

Lord, have Mercy
Christ, have Mercy
Lord, have Mercy

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE COLLECT

O God, the author of peace and lover of concord,
to know you is eternal life
and to serve you is perfect freedom:
Defend us, your humble servants,
in all assaults of our enemies;
that we, surely trusting in your defense,
may not fear the power of any adversaries,
through the might of Jesus Christ
our Lord. **Amen.**

PRAYER FOR MISSION

Lord Jesus Christ,
you stretched out your arms of love
on the hard wood of the Cross
that everyone might come within the reach
of your saving embrace:
So clothe us in your Spirit that we,
reaching forth our hands in love,
may bring those who do not know you
to the knowledge and love of you;
for the honor of your Name. **Amen.**

CLOSING VERSE

“If anyone would come after me,
let him deny himself
and take up his cross and follow me.
For whoever would save his life will lose it,
but whoever loses his life
for my sake and the gospel's
will save it.” MATTHEW 16:24

IN THE MIDDLE OF THE DAY

OPENING SENTENCE

Make haste,
O God, to deliver me.
O LORD,
make haste to help me.
PSALM 70:1

CONFESSION TO GOD

Let us humbly confess our sins to almighty God.
Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you
with our whole heart;
we have not loved our neighbors
as ourselves.
We are truly sorry

**and we humbly repent.
For the sake of your Son
our Lord Jesus Christ,
have mercy upon us,
forgive us our sins,
and by the power of your Holy Spirit
raise us up to serve you
in newness of life,
to the glory of your Name. Amen.**

ABSOLUTION

Grant to your faithful people,
merciful Lord,
pardon and peace.
That we may be cleansed from all our sins,
and serve you with a quiet mind.
Through Jesus Christ our Lord. **Amen.**

THE PSALM

121

I will lift up my eyes unto the hills;
from whence comes my help?
My help comes from the Lord,
who has made heaven and earth.
He will not let your foot be moved,
and he who keeps you will not sleep.
Behold,
he who keeps Israel
shall neither slumber nor sleep.
The Lord himself is your keeper;
the Lord is your defense upon your right hand,
So that the sun shall not burn you by day,
neither the moon by night.
The Lord shall preserve you from all evil;
indeed, it is he who shall keep your soul.
The Lord shall preserve your going out
and your coming in,
from this time forth for evermore.

**Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end. Amen.**

THE LESSONS *choose one*

1

I have been crucified with Christ.
It is no longer I who live,
but Christ who lives in me.
And the life I now live in the flesh
I live by faith in the Son of God,
who loved me and gave himself for me. GALATIANS 2:20

2

Abide in me, and I in you.
As the branch cannot bear fruit by itself,
unless it abides in the vine,
neither can you, unless you abide in me.
I am the vine; you are the branches.

Whoever abides in me and I in him,
he it is that bears much fruit,
for apart from me you can do nothing. JOHNS 15:4-5

3

Jesus said,
“Now is the judgment of this world;
now will the ruler of this world be cast out.
And I, when I am lifted up from the earth,
will draw all people to myself.” JOHN 12:31-32

4

If anyone is in Christ, he is a new creation.
The old has passed away;
behold, the new has come.
All this is from God,
who through Christ reconciled us to himself
and gave us the ministry of reconciliation. 2 COR. 5:17-18

The Word of the Lord.

Thanks be to God.

THE CANTICLE

SURELY, IT IS GOD WHO SAVES ME

Surely, it is God who saves me;

I will trust in him and not be afraid.

For the Lord is my stronghold

and my sure defense,

and he will be my Savior.

Therefore you shall draw water with rejoicing

from the springs of salvation.

And on that day you shall say,

Give thanks to the Lord

and call upon his Name;

Make his deeds known among the peoples;

see that they remember that his Name is exalted.

Sing the praises of the Lord,

for he has done great things,

and this is known

in all the world.

Cry aloud, inhabitants of Zion,

ring out your joy,

for the great one in the midst of you

is the Holy One of Israel. *ISAIAH 12:6*

THE APOSTLES' CREED

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.**

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

**He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

Lord Jesus Christ,
Son of the Living God,
have Mercy on me,
a sinner.

Lord, have Mercy
Christ, have Mercy
Lord, have Mercy

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE COLLECT

O God, the King of glory,
you have exalted your only Son, Jesus Christ
with great triumph
to your kingdom in heaven:
Do not leave us comfortless,
but send us your Holy Spirit
to strengthen us, and exalt us to that place
where our Savior Christ has gone before;
who lives and reigns with you and the Holy Spirit,
one God, in glory everlasting. **Amen.**

PRAYER FOR MISSION

Blessed Savior,
at this hour you hung upon the Cross,
stretching out your loving arms:
Grant that all the peoples of the earth
may look to you and be saved,
for your tender mercies sake. **Amen.**

CLOSING VERSE

“I have said these things to you,
that in me you may have peace.
In the world you will have tribulation.
But take heart; I have overcome the world.”

JOHN 16:33

IN THE EARLY EVENING

OPENING SENTENCE

Create in me a clean heart,
O God.

And renew a right spirit within me.

Cast me not away from your presence,
And take not your Holy Spirit from me.

Restore to me the joy of your salvation,
And uphold me with a willing spirit

PSALM 51:10

CONFESSION TO GOD

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you
with our whole heart;
we have not loved our neighbors
as ourselves.**

**We are truly sorry and
we humbly repent.
For the sake of your Son
our Lord Jesus Christ,
have mercy upon us,
forgive us our sins,
and by the power of your Holy Spirit
raise us up to serve you
in newness of life,
to the glory of your Name. Amen.**

ABSOLUTION

Grant to your faithful people,
merciful Lord,
pardon and peace;
that we may be cleansed from all our sins,
and serve you with a quiet mind;
through Jesus Christ our Lord. **Amen**

THE PSALM

126

When the Lord overturned the captivity of Zion,
then were we like those who dream.

Then was our mouth filled with laughter
and our tongue with shouts of joy.

Then they said among the nations,
“The Lord has done great things for them.”

Indeed, the Lord has done
great things for us already,
whereof we rejoice.

Overturn our captivity, O Lord,
as when streams refresh
the deserts of the south.

Those who sow in tears
shall reap with songs of joy.

He who goes on his way weeping
and bears good seed
shall doubtless come again with joy,
and bring his sheaves with Him.

**Glory be to the Father,
and to the Son,**

**and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end. Amen.**

THE LESSONS *choose one*

1

Therefore, since we are surrounded
by so great a cloud of witnesses,
let us also lay aside every weight, and sin
which clings so closely,
and let us run with endurance
the race that is set before us,
looking to Jesus,
the founder and perfecter of our faith,
who for the joy that was set before him
endured the cross,
despising the shame,
and is seated at the right hand
of the throne of God. HEBREWS 12:1-2

2

Jesus spoke to them, saying,
“I am the light of the world.
Whoever follows me will not walk in darkness,
but will have the light of life.” JOHN 8:12

3

You, O Lord, are in the midst of us,
and we are called by your name;
do not leave us. JEREMIAH 14:9

4

Now may the God of peace
who brought again from the dead our Lord Jesus,
the great shepherd of the sheep,
by the blood of the eternal covenant,
equip you with everything good
that you may do his will,
working in us that which is pleasing in his sight,
through Jesus Christ,
to whom be glory forever and ever. Amen. HEBREWS 13:20-21

The Word of the Lord

Thanks be to God

THE CANTICLE

CHRIST OUR PASSOVER

Alleluia.

Christ our Passover has been sacrificed for us;

therefore let us keep the feast,

Not with the old leaven,

the leaven of malice and evil,

**but with the unleavened bread
of sincerity and truth.**

Alleluia.

Christ being raised from the dead
will never die again;

death no longer has dominion over him.

The death that he died, he died to sin,
once for all;

but the life he lives, he lives to God.

So also consider yourselves dead to sin,
and alive to God

in Jesus Christ our Lord.

Alleluia.

Christ has been raised from the dead,

the first fruits of those

who have fallen asleep.

For since by a man came death,

by a man has come also

the resurrection of the dead.

For as in Adam all die,

so also in Christ shall all be made alive.

Alleluia.

1 CORINTHIANS 5:7-8; ROMANS 6:9-11; 1 CORINTHIANS 15:20:22

THE APOSTLES' CREED

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.**

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

**He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

THE PRAYERS

Lord Jesus Christ,
Son of the Living God,
have Mercy on me,
a sinner.

Lord, have Mercy
Christ, have Mercy
Lord, have Mercy

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE COLLECT

Lord Jesus,
stay with us,
for evening is at hand and the day is past;
be our companion in the way,
kindle our hearts, and awaken hope,
that we may know you
as you are revealed in Scripture
and the breaking of bread.
Grant this for the sake of your love. **Amen.**

PRAYER FOR MISSION

Keep watch, dear Lord,
with those who work, or watch, or weep this night,
and give your angels charge over those who sleep.
Tend the sick, Lord Christ;
give rest to the weary,
bless the dying, soothe the suffering,
pity the afflicted, shield the joyous;
and all for your love's sake. **Amen.**

CLOSING VERSE

“Come to me, all who labor
and are heavy laden,
and I will give you rest.

Take my yoke upon you, and learn from me,
for I am gentle and lowly in heart,
and you will find rest for your souls.

For my yoke is easy, and my burden is light.”

MATTHEW 11:28

AT BEDTIME

OPENING SENTENCE

One thing have I asked of the Lord,
that will I seek after:
that I may dwell in the house of the Lord
all the days of my life, to gaze
upon the beauty of the Lord
and to inquire in his temple.*PSALM 27:4*

CONFESSION TO GOD

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you
with our whole heart;
we have not loved our neighbors
as ourselves.
We are truly sorry and
we humbly repent.**

**For the sake of your Son
our Lord Jesus Christ,
have mercy upon us,
forgive us our sins,
and by the power of your Holy Spirit
raise us up to serve you
in newness of life,
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ABSOLUTION

Grant to your faithful people,
merciful Lord,
pardon and peace,
that we may be cleansed from all our sins,
and serve you with a quiet mind.
Through Jesus Christ our Lord. **Amen.**

THE PSALM

124

If the Lord himself had not been on our side,
now may Israel say:
if the Lord himself had not been on our side,
when men rose up against us,
Then would they have swallowed us up alive,
when they were so wrathfully displeased with us
Then the waters would have drowned us,
and the torrent gone over us;
then the raging waters would have gone
clean over us.
But praised be the Lord,
who has not given us over
to be prey for their teeth.
We escaped like a bird
out of the snare of the fowler;
the snare is broken, and we have been delivered.
Our help is in the Name of the Lord,
the maker of heaven and earth.

**Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now,
and ever shall be,
world without end. Amen.**

THE LESSONS *choose one*

1

See what kind of love the Father has given to us,
that we should be called children of God;
and so we are.

The reason why the world does not know us
is that it did not know him.

Beloved, we are God's children now,
and what we will be has not yet appeared;
but we know that when he appears
we shall be like him,

because we shall see him as he is.

And everyone who thus hopes in him
purifies himself as he is pure. *1JOHN 3:1-5*

2

Come to me,
all who labor and are heavy laden,
and I will give you rest.

Take my yoke upon you, and learn from me,
for I am gentle and lowly in heart,
and you will find rest for your souls.

For my yoke is easy, and my burden is light. MATTHEW
11:28-30

3

You keep them in perfect peace
whose minds are stayed on you,
because they trust in you.

Trust in the Lord for ever,
for the Lord God is an everlasting rock. ISAIAH 26-34

4

Now may the God of peace himself
sanctify you completely,
and may your whole spirit and soul and body
be kept blameless at the coming of our Lord Jesus
Christ. 1 THESS. 5:23

The Word of the Lord
Thanks be to God

THE CANTICLE

THE SONG OF MARY

My soul magnifies the Lord,
and my spirit rejoices in God my Savior;

For he has regarded
the lowliness of his handmaiden.

For behold, from now on,
all generations will call me blessed;

For he that is mighty has magnified me,
and holy is his Name.

And his mercy is on those who fear him,
throughout all generations.

He has shown the strength of his arm;

**he has scattered the proud
in the imagination of their hearts.**

He has brought down the mighty
from their thrones,

and has exalted the humble and meek.

He has filled the hungry with good things

and the rich he has sent empty away.

He, remembering his mercy,

has helped his servant Israel,

as he promised to our fathers,

Abraham and his seed for ever. LUKE 1:46-50

THE APOSTLES' CREED

**I believe in God,
the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ,
his only Son, our Lord.
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and born of the Virgin Mary.**

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was crucified, died, and was buried.
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and is seated at the right hand of the Father.**

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to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
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and the life everlasting. Amen.**

THE PRAYERS

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Son of the Living God,
have Mercy on me, a sinner.

Lord, have Mercy
Christ, have Mercy
Lord, have Mercy

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory, for ever and ever. Amen.**

THE COLLECT

Lighten our darkness, we beseech you, O Lord;
and by your great mercy
defend us
from all perils and dangers of this night;
for the love of your only Son,
our Savior Jesus Christ. **Amen.**

PRAYER FOR MISSION

Dear Lord and Savior Jesus Christ:
I hold up all my weakness to your strength,
my failure to your faithfulness,
my sinfulness to your perfection,
my loneliness to your compassion,
my little pains
to your great agony on the Cross.
I pray that you will cleanse me,
strengthen me,
guide me,
so that in all ways my life may be lived
as you would have it lived,
without cowardice and for you alone.

Show me how to live in true humility,
true contrition, and true love.

Amen.

CLOSING SENTENCE

“Behold,

I stand at the door and knock.

If anyone hears my voice and opens the door,

I will come to him and eat with him,

and he with me.” REVELATION 3:20